WEEK 1

W-C: 30th October, 13th November, 27th November, 11th December

Monday

Chicken Korma 7

Vegetable Korma 7

White/Brown Rice 2,4

Green Beans

Ice Cream 7 Yoghurt 7 / Fruit

Tuesday

Meatballs 2

Tomato Pasta 2 (V)

Sweetcorn

Chocolate Sponge 2,4,7,13

Yoghurt 7 / Fruit

Wednesday

Roast Chicken, Yorkshire pudding & gravy 2,4,7

Vegan burger (V) 2

Roast Potatoes

Mixed Vegetables

Waffles, Fruit and Cream 2,4,7.13

Yoghurt 7/ Fruit

Thursday

Sausage Rolls 2,7,13,14

Or Vegan Sausage Roll 2

Wedges

Spaghetti Hoops 2

Doughnuts 2.13

Yoghurt 7 / Fruit

Friday

Fish Fingers 2,5

Vegetable Bake 2

Chips

Baked beans/ peas

Yoghurt 7 / Fruit

ALLENGENS

1: Celery 2: Gluten 3: Crustaceans 4: Eggs 5: Fish

6: Jupin 7: Milk 8: Molluscs 9: Mustard 10: Nuts 11: Peanuts

Sova 14: Sulphur Dioxide

12: Sesame seeds 13:

W-C: 6th November, 20th November, 4th December,

Monday

Chicken Tikka Curry

Vegetable Tikka Curry White/Brown Rice

Peas

Chocolate Muffins 2,4,7,13 Yoghurt 7 / Fruit

Tuesday

Spaghetti Bolognese

Or

Vegan Bolognese 13 Garlic Bread, 2,7,13

Brocolli

Sponge 2.4.7.14 Yoghurt 7 / Fruit

Wednesday

Roast Gammon & Yorkshire pudding & gravy 2,4,7

Quorn Fillet 4 (V)

Roast Potatoes Carrots

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Pancakes, Fruit, Cream 2,4,7

Yoghurt 7 / Fruit

Thursday

Sausages 2,14

Vegan Sausages 2

Herby diced potatoes

Spaghetti hoops 2

Chocolate Brownie 2,4,7

Yoghurt 7 / Fruit

Friday

Chicken nuggets 2

Or

Vegan nuggets 2

Chips

Baked beans/peas

Ice Cream 7

Yoghurt 7 / Fruit

Available daily: Bread & Salad