

Register with Kent
Children's Centres



**Look out for the
booking balloon!**
**These groups
require booking**

Swale Children's Centres **Timetable**

Wednesday 13th September - Friday 8th December 2023

Useful information

Family Foodbank: 01233 500477
SATEDA: 01795 417251
Swale Youth Hub: 03000 421590
Facebook @SwaleYouthHub
Swale Libraries: 03000 413131
Facebook @SwaleLibraries

Born to Move

Laying the foundation for healthy, confident children in Kent.
Download the free Born to Move app to support your child on their journey.



Healthy Start

If you're at least 10 weeks pregnant or have a child under 4 years old, you could get help to buy milk, fruit and vegetables. Check to see if you are eligible.



Free Early Education

Some 2 year olds can get up to 15 hours of free childcare per week for 38 weeks of the year. Check to see if you are eligible.



Tax Free Childcare

Tax-Free Childcare pays 20% of childcare costs up to a maximum of £2,000 each year for working families with children under 12 (or 17 if disabled).



Swale Children's Centre Contact Information

Opening Times:

Monday - Thursday
8.30am - 4.30pm

Friday
8.30am - 4.00pm

Excluding
Bank Holidays



Byssing Wood Children's Centre
Lower Road, Faversham,
ME13 7NU
Tel. 03000 417740
Open Monday and Wednesday



St Mary's Children's Centre
Orchard Place, Faversham,
ME13 8AP
Tel. 03000 411033
Open Monday - Friday



Murston Children's Centre
Tonge Road, Murston,
ME10 3NT
Tel. 03000 420896
Open Monday - Friday



Woodgrove Children's Centre
Johnson Road, Sittingbourne,
ME10 1JS
Tel. 03000 420898
Open Wednesday and Thursday



Grove Park Children's Centre
Hilton Drive, Sittingbourne,
ME10 1PT
Tel. 03000 420991
Open Tuesday and Thursday



Milton Court Children's Centre
Brewery Road, Sittingbourne,
ME10 2EE
Tel. 03000 420899
Open Monday - Friday



Swale
Children's
Centres



SwaleCC



Beaches Children's Centre
Warden Bay Road, Leysdown,
ME12 4NA
Tel. 03000 421277
Open Monday and Thursday



Ladybird Children's Centre
First Avenue, Queenborough,
ME11 5JF
Tel. 03000 411313
Open Wednesday and Friday

District Email Address: Swaleccgroups@kent.gov.uk

Golden Rules

Parental Supervision is required at all times.

No food or drink is allowed to be consumed in the playroom due to allergies.

Please treat other centre users and staff with respect.

We ask that you do not use your mobile phone. If you wish to take a picture please ask a member of staff first.

If you are booked on to a session/course and you are no longer able to attend, please cancel your space to allow for someone else to take your place.

Swale Children's Centres promote a positive environment therefore, it is important for staff and parents/carers to role model appropriate behaviours.

Please do not attend our sessions if you or your child are unwell. Please notify a member of staff if you become aware of any contagious infection

Group Information

Stay and Play

Stay and Play is a group for parents and carers with children who are 0 - 5yrs. This group provides children with a chance to play, learn and explore.

Term Time Only

Twins Club

Home Start provides a range of activities for you to share in your child's learning and development. If you would like more information please call 01795 429007.

Messy Play

An opportunity for children to explore their senses through a range of messy materials.

Remember to bring a change of clothes!
Suitable for ages 6m - 5yrs.

Term Time Only

Bumps to Walkers

For expecting parents and carers and babies from birth until they are walking. This group is an opportunity for carers to get to know each other and gain advice and support.

Term Time Only

Story Tellers

An opportunity to introduce a story and a range of fun activities to allow your child to explore their imagination.

Suitable for ages 1 - 5yrs.

Term Time Only

Baby Yoga

4 week course suitable for ages 8 weeks to 20 weeks. Baby yoga uses gentle stretches and movements for you to do with your baby. Your baby will need to have had their 6 to 8 week check.

Wellbeing Library

Swale CC's wellbeing Library are offering families to borrow stories on a range of topics to support your child's mental health and wellbeing.

For more information email Swaleccgroups@kent.gov.uk

Toddler Time

Toddler Time is a group for children who are walking until the age of 3yrs. This group supports curiosity and independence through play.

Term Time Only

Nature Group

This group gives children the opportunity to explore, discover and learn from nature. Remember to dress weather appropriate.

Suitable for ages 2 - 5yrs.
Term Time Only

Activity Roundabout

This outdoors group will introduce theme each week that will support your child's development and help build their confidence.

Remember to dress weather appropriate.
Suitable for ages 2 - 5yrs.
Term Time Only

Baby Massage

4 week course suitable for ages 8 weeks to 6 months. Learn different techniques to massage your baby to improve communication, aid digestion and sleep.

Creche Available

Upcoming Courses

Family Courses

Keeping up with the Children - Maths

Milton Court Primary School
Friday 8th September - 4wks
12:30pm - 2:30pm

Multi-Skills Family Sports

Beaches Children's Centre
Saturday 9th September
9.30 - 11.30am
3 - 8yrs

Kite Making Oare Gunpowder Works Country Park

Tuesday 12th September
10am - 12pm
2 - 5yrs

Mini Green Warriors

Murston Children's Centre
Friday 15th September - 3wks
12:30pm - 2:30pm
3 - 5yrs

Chemistories

Woodgrove Children's Centre
Saturday 23rd September
9.30 - 11.30am
3 - 8yrs

Exploring Behaviour Strategies

Milton Court Primary School
Friday 6th October
12.30 - 2.30pm

Restoring Family Relationships

Milton Court Primary School
Friday 20th October
12.30 - 2.30pm

Family First Aid

Ladybird Children's Centre
Friday 3rd November - 3wks
12:30pm - 2:30pm

To book email swaleccgroups@kent.gov.uk

Baby Massage and Baby Yoga

Baby Massage

Woodgrove CC

Wednesday 13th September for 4wks
1pm - 2pm

St Mary's CC

Monday 18th September for 4wks
1.30pm - 2.30pm

Beaches CC

Thursday 28th September for 4wks
9am - 10am

Baby Yoga

Woodgrove CC

Thursday 14th September for 4wks
10am - 11am

St Mary's CC

Monday 18th September for 4wks
12pm - 1pm

Ladybird CC

Friday 24th November for 4wks
12pm - 1pm

Baby Massage Booking
Scan the QR code below



Baby Yoga Booking
Scan the QR code below



Please be aware that Baby Yoga and Massage cannot be booked on the same day due to overstimulation.

Health Information

Introducing Solids Courses

Swale Children's Centres and the Health Visiting Team are offering Face to Face & virtual session via Microsoft Teams workshops to guide you through your weaning journey.

St Mary's CC

Wednesday 30th August
9:30am - 11am

Milton Court CC

Friday 27th October
9:30am - 11am

St Mary's CC

Tuesday 21st November
1:30pm - 3pm

Beaches CC

Thursday 14th December
1:30pm - 3pm

To book email swaleccgroups@kent.gov.uk

You and Your Baby 0-6 months

A free six-week programme for parents with a baby under six months. Supporting you to:

- develop a close relationship with your baby
- look after yourself as a parent and make friends
- build confidence as a new parent.

Woodgrove CC

Friday 7th September - 6wks
12:30pm - 2pm

Woodgrove CC

Friday 2nd November - 6wks
12:30pm - 2pm

To book email swaleccgroups@kent.gov.uk

Swale Health Visiting Team (appointment only)

Beaches CC

Development Reviews - 1st Monday of the month

Ladybird CC

Development Reviews - Wednesday and Friday

Milton Court CC

Development Reviews - Wednesday and Thursday
Breastfeeding Drop in - Every Wednesday 1pm - 3pm
(Except the 3rd Wednesday of the month)

Grove Park CC

Development Reviews - Tuesday and Thursday

Murston CC

Development Reviews - Tuesday and Thursday

St Marys

Development Reviews - Thursday
Healthy Child Clinic - Thursday 9:30am - 11:30am

To Book Contact: 0300 123 4014

Swale Midwifery Appointments (appointment only)

Woodgrove CC - Monday - Friday

Contact Number: 01795 879100 ext 5223

Faversham Midwifery Appointments (appointment only)

St Mary's CC - Monday - Friday

Contact Number: 01277 864152 or 01277 783105




Kent Baby



#BesideYou
Breastfeeding Support

Swale Children's Centre Timetable


Beaches Children's Centre



Monday + Thursday
Sensory Time
9am - 3pm

Monday
Stay and Play
10am - 11am

Thursday
Bumps to Walkers
10am - 11am



Thursday
Messy Play
1.30pm - 2.30pm

Ladybird Children's Centre



Wednesday + Friday
Sensory Time
9am - 3pm

Wednesday
Toddler Time
10am - 11am

Wednesday
Stay and Play
1.30pm - 2.30pm

Friday
Bumps to Walkers
10am - 11am

Milton Court Children's Centre

Tuesday
Milton Creek
Activity Roundabout
10am - 11am

Tuesday
Twins Club
10am - 11.30am
Every other Week


Friday
Stay and Play
10am - 11am

Grove Park Children's Centre




Tuesday
Bumps to Walkers
10am - 11am

Thursday
Stay and Play
10am - 11am




Woodgrove Children's Centre



Wednesday + Thursday
Sensory Time
9am - 3pm

Wednesday
Bumps to Walkers
1.30pm - 2.30pm



Thursday
Messy Play
1.30pm - 2.30pm

Murston Children's Centre



Monday
Messy Play
1.30pm - 2.30pm

Wednesday
Bumps to Walkers
10am - 11am

Thursday
Childminding
Group
9.30am - 11am
2nd Thursday of the Month

Friday
Stay and Play
1.30pm - 2.30pm

Bysing Wood Children's Centre

Monday
Story Tellers
10am - 11am

Tuesday
Oare Gunpowder
works
Nature Group
10am - 11am

Wednesday
Stay and Play
10am - 11am



Monday + Wednesday
Sensory Time
12pm - 3pm

St Mary's Children's Centre



Wednesday
Messy Play
1.30pm - 2.30pm

Thursday
Bumps to Walkers
10am - 11am

Friday
Stay and Play
10am - 11am